



Category (Main Dishes)

BBQ Pork

Submitted by (Darla Ellis)

<p><u>(great for Sunday dinner!)</u></p> <p>Cut up: 6-8 Pork Loins (boneless) Mix together: ½ Sweet Onion (chopped) 2 Cups Catsup 1 ½ Cups Water ¼ Cup Flour ¼ Cup Brown Sugar 3 TBLS Worcestershire Sauce 4 TB:S Vinegar Garlic Salt & Pepper to taste Stir Pork into sauce. Bake in covered Casserole dish. Bake at 350 degrees for 3 hours.</p>	<p><u>Grocery List</u></p> <p>(Ingredients you need from the store for recipe and any side dish you might add.)</p>
<p><u>Side dish</u></p> <p>(Optional: Any suggestions of foods that might go well with the main dish.)</p>	<p><u>Tips/Helpful hints</u></p> <p>(Any ideas that might be helpful to know when making this recipe.)</p>